



# Digestive Care Center

## Lower Double Balloon Enteroscopy

Patient Name: \_\_\_\_\_ Date of Enteroscopy: \_\_\_\_\_

Arrival Time: \_\_\_\_\_ which is 1 hour before your procedure.

Place: St. Mary's  
Main Lobby  
Patient Registration  
(812)485-4806

**\*\*Because of the medications you will receive, you must have someone stay with you and drive you home after the procedure.**

### Preparing for your Enteroscopy:

- Do not take these medications seven days before your procedure.
  - Aspirin, aspirin containing drugs, Plavix, ReoPro, Aggrenox, Persantine, Integrellin, Ticlid, or Aggrastat. **You may take Tylenol.**
  - Any herbal supplements as some of these products may increase your risk of bleeding.
- Please notify your primary physician if you are an insulin dependant diabetic or are taking any blood thinners (example: Coumadin).  
**\*Stop taking Coumadin 5 days prior to your procedure.**

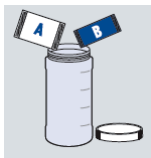
**\*\*\*Check with your primary care physician before stopping medications\*\*\***

- You will need to purchase:
  - MoviPrep Bowel Prep Kit (prescription attached)

**Instructions The Day Before Your Procedure:** You may eat your normal diet for breakfast and lunch. **DO NOT** eat any solid food or non-clear liquids after lunch. You should have clear liquids for dinner and throughout the evening.

### STEP 1: MIX FIRST DOSE

- \* At breakfast time empty 1 Pouch A and 1 Pouch B into the disposable container.
- \* Add lukewarm drinking water to the top line of the container. Mix to dissolve.
- \* Place the solution into the refrigerator



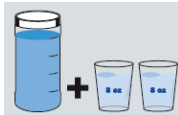
### STEP 3: MIX SECOND DOSE

- \* Immediately after consuming the first dose Empty 1 Pouch A and 1 Pouch B into the disposable container.
- \* Add lukewarm drinking water to the top line of the container. Mix to dissolve.
- \* Place solution into the refrigerator.



### STEP 2: Beginning at 4:00pm

- \* The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8oz), until the first liter is consumed.
- \* Drink 16oz of clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.



### STEP 4: Beginning at 9:00pm

- \* The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8oz), until the first liter is consumed.
- \* Drink 16oz of clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.



### The Day of the Procedure:

- Nothing to eat or drink prior to the scheduled procedure.
- You should take any heart, blood pressure, or seizure medications that you normally take in the morning no later than four (4) hours before your appointment with small sips of water.

**\*\*Please note: Some insurances do require outpatient precertification. It is your responsibility to notify us if precert is required for you procedure.**

**Clear Liquid Diet:** *This diet has little food value, is nutritionally inadequate, and should be used for a limited time only.*

Soups: fat free broth or bouillon

Beverages:

gingerale, ice tea, coffee, kool aid, clear fruit juices, Hi-C, carbonated Beverages (i.e. Coke, Sprite, Pepsi). Please avoid milk, orange and tomato juices and anything that contains a red dye.

Desserts: plain gelatin desserts