



Digestive Care Center

WILLIAM F. JOHNSON, MD
GARDAR GISLASON, MD
DONALD M. BAILEY, MD
VAJRAVEL M. PRASAD, MD
SRINIVASAN RAO, MD
MICHAEL B. RUSCHE, MD
AHMED S. KHAN, MD
REBECCA G. CAREY, MD

Flexible Sigmoidoscopy Prep

Patient Name: _____ Account # : _____

Date of Flexible Sigmoidoscopy: _____ Physician: _____

Arrival Time: _____ which is 1 hour before your procedure.

Place: Gastrointestinal Endoscopy Center
Suite 110 West (FIRST FLOOR)
801 St. Mary's Dr., Evansville
(812)477-6103

Deaconess
Main Lobby
Patient Registration
(812)450-3095

Gateway
Main Lobby
Patient Registration
(812)842-2000

St. Mary's Hospital
Main Lobby
Patient Registration
(812)485-4806

Because of the medications you will receive, *You must have someone accompany you that can stay in the Endoscopy Center waiting room while you have your procedure and drive you home after the procedure.

Preparing for your Flexible Sigmoidoscopy:

You must have clear liquids for breakfast the day of your procedure and may continue clear liquids until two (2) hours before your procedure. (Sample clear liquid diet below)

Take two (2) fleets enemas one right after the other approximately one hour before leaving home for your appointment. (Please note enemas may be purchased over the counter at your local pharmacy.)

You may take your regular morning medication the day of this procedure.

Clear Liquid Diet:

This diet has little food value, is nutritionally inadequate, and should be used for a limited time only.

Soups: fat free broth or bouillon

Beverages: gingerale, ice tea, coffee, kool-aid, clear fruit juices
Hi-C, carbonated beverages, (i.e. Coke, Sprite, Pepsi)
Please avoid liquids containing red, purple or orange dye.
NO milk, orange or tomato juice.

Desserts: plain gelatin desserts

*****Please note: Some insurances do require outpatient precertification. It is your responsibility to notify us if precert is required for your procedure.***

IF YOU HAVE ANY QUESTIONS PLEASE CALL 477-6103

Thank You

GA080
Rev: 5/2009