



Digestive Care Center

Interstim Therapy Procedure

FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN THE **DELAY OR RESCHEDULE** OF YOUR PROCEDURE.

Preparing for your procedure:

****If you have not done so already, IMMEDIATELY notify us if you are taking any blood thinning medications, (ex: Coumadin, Plavix, Aggrenox) or diabetic medication.**

You must STOP blood thinners seven (7) days prior to your procedure.

You MUST check with the physician managing your medication before stopping any blood thinning or diabetic medications.

You must take any heart, blood pressure or seizure medication that you normally take the morning of your procedure.

You may eat and drink normally prior to the exam. You should be able to drive yourself home, but feel free to bring a friend or relative to drive if you like.

You will have two (2) appointments following this procedure. The first will be six days later with the doctor to check and remove the wires. You **MUST** keep this appointment. The second will be with a surgeon to discuss surgery if that is deemed necessary.

*** Please note: Some insurances do require outpatient precertification. It is your responsibility to notify us if precert is required for your procedure.*

IF YOU HAVE ANY QUESTIONS, PLEASE CALL 812- 477-6103

Thank You